



Gaston Rehab Associates, Inc.

Sports Physical Therapy and a Whole Lot More



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Patient Name: _____ Date of Birth: _____

Diagnosis: _____

Telephone: _____ Insurance: _____

Frequency: _____ or ____ 2-3x/wk for 4 weeks

____ EVALUATE AND TREAT

____ Wellness Program for Metabolic Syndrome (weight loss/aerobic conditioning)

____ Manual Therapy (Myofascial release/Strain-Counterstrain/Muscle Energy)

____ Sports Performance Training/Conditioning (After injury re-integration)

____ Throwing Program (Pitcher/Position) ____ Little League (start at 30 ft)

____ Electrical Stimulation (pain control/increase muscle strength)

____ Anodyne therapy (pain control/increase circulation)

____ Therapeutic Exercise (Strengthening/Aerobic/Work Specific)

____ Workwell Systems Functional Capacity Evaluation (FCE) (1 day/2 day)

____ Work Conditioning (Up to 4 hours a day 3-5 days a week)

____ Modalities (Ultrasound/Iontophoresis)

____ AROM/PROM

____ Video Motion Analysis (Gait/Sports Specific/Work Specific)

____ Other: _____

Physician Signature: _____ Date: _____